



## Child and Adolescent Confidential Questionnaire Behavior Health Services

Please take a few minutes to complete this questionnaire. This information will be helpful to us as we learn about your personal concerns. It is very important that you provide accurate information. This questionnaire will become part of your confidential medical record.

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Person Completing Form: \_\_\_\_\_

### PATIENT INFORMATION

Name: \_\_\_\_\_ Birthday: \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_\_ Yrs.  
Last First

Previous Name: \_\_\_\_\_ Sex:  M  F

<b>Mailing Address</b> _____ <small>Street/Avenue</small> <small style="margin-left: 150px;">Apt.#</small> _____ <small>City</small> <small style="margin-left: 100px;">State</small> <small style="margin-left: 50px;">Zip</small>	<b>Current Residence</b> _____ <small>Street/Avenue</small> <small style="margin-left: 150px;">Apt.#</small> _____ <small>City</small> <small style="margin-left: 100px;">State</small> <small style="margin-left: 50px;">Zip</small>
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Home Phone #: \_\_\_\_\_ Daytime Phone #: \_\_\_\_\_  
 Cell #: \_\_\_\_\_ Preferred Method of Contact: \_\_\_\_\_

Employment:  Full Time  Part Time  Self-Employed  Student  
 Other: \_\_\_\_\_  
 Child's Physician: \_\_\_\_\_

Employer: \_\_\_\_\_ Employer Phone #: \_\_\_\_\_

### PARENTS

Mother: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Last First  
 \_\_\_\_\_  
Street/Avenue City State Zip

Father: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Last First  
 \_\_\_\_\_  
Street/Avenue City State Zip

Stepparent: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Last First  
 \_\_\_\_\_  
Street/Avenue City State Zip

Stepparent: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Last First  
 \_\_\_\_\_  
Street/Avenue City State Zip

If separated or divorced, custody arrangement: Mother:  Joint  Physical  
 Father:  Joint  Physical

### INSURANCE INFORMATION

<b>Primary Insurance:</b> _____ Group #: _____ Employer: _____ <b>Secondary Insurance:</b> _____ Group #: _____ Employer: _____	Policy Holder: _____ DOB of Policy Holder: ____/____/____ Contract #: _____ Policy Holder: _____ DOB of Policy Owner: ____/____/____ Contract #: _____
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**CHILD AND ADOLESCENT CONFIDENTIAL QUESTIONNAIRE**  
BEHAVIORAL HEALTH SERVICES

**Initial Assessment (Part I)**

Child / Adolescent's Name: \_\_\_\_\_ Birthday: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_  
Last First

Person completing report: \_\_\_\_\_ Relationship: \_\_\_\_\_

What symptoms or problems bring you to this appointment? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY INFORMATION**

**Is your child:**  Adopted  Foster  Natural    Are parents living together?  Yes  No  
Are parents divorced?  Yes  No    Does your child have stepparents?  Yes  No

<u>Names of Sisters/Brothers:</u>	<u>Age</u>	<u>Quality of Relationship</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Is there any family history of mental health or psychiatric problems, alcoholism, or other substance abuse problems?  Yes  No    If yes, please list below:

<b>How is that Family member Related to the child?</b>	<b>Type of Problem</b>	<b>Treatment/Medications</b>	<b>Helpful?</b>
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
_____	_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No

Is there any history of suicide in your family?  No  Yes    If so, what relation to you? \_\_\_\_\_

Describe your child's relationship with other adults:  Good  Fair  Poor

Describe your child's relationship with other children:  Good  Fair  Poor

Level of stress in the family:  Extremely Stressed  Moderately  Somewhat  Not at all

Have there been any major family stresses or changes in the past year? (e.g. – moving, divorce, significant illness)

Yes  No    If yes, explain \_\_\_\_\_

Level of stress in the marriage:  Extremely Stressed  Moderately  Somewhat  Not at all

How is the child disciplined:  Privileges Removed  Grounded  Time-Out  Other: \_\_\_\_\_

What do you like most about this child? \_\_\_\_\_

What concerns you most about this child? \_\_\_\_\_

Pt. Name: \_\_\_\_\_

**DEVELOPMENTAL HISTORY**

During the pregnancy with this child, were there any troubles, complications, or concerns?  Yes  No

If yes, explain \_\_\_\_\_

Were there any problems during the birth?  Yes  No If yes, explain \_\_\_\_\_

Did your child start walking by:  12 Mos.  14 Mos.  18 Mos.

Did your child say their first word by:  12 Mos.  14 Mos.  18 Mos.

Did your child begin talking in 2-3 word sentences by:  24 Mos.  28 Mos.  36 Mos.

Did your child become toilet trained by:  24 Mos.  36 Mos.  48 Mos.

Does your child have a history of abuse or trauma?  Yes  No

If yes; type of abuse:  Sexual  Physical  Emotional

Abuse was as:  Victim  Perpetrator: Explain: \_\_\_\_\_

**EDUCATIONAL HISTORY**

The child's present school is: Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # (\_\_\_\_\_) \_\_\_\_\_ Contact Person \_\_\_\_\_

(teacher, counselor, etc.)

Was the child ever held back to repeat a grade?  Yes  No

If yes, which grade? \_\_\_\_\_ Why? \_\_\_\_\_

Has the child ever been in a special class or provided with special services?  Yes  No

(e.g. – resource room, EMR, learning disability class, gifted class) If yes, describe the special class: \_\_\_\_\_

Is the child in this class or receiving special services now?  Yes  No

Does the child like school?  Most of the time  Sometimes  Never

Does the child: Have problems with other children in class?  Yes  No

Have problems making friends in school?  Yes  No

Have problems getting along with teachers?  Yes  No

Tend to get sick in the morning before school?  Yes  No

What kind of grades has the child received in the past year? (If given grades at school)

A's & B's  B's & C's  C's & D's  D's and F's

OR-

Outstanding  Good  Satisfactory  Improvement Needed

Are these grades a change from previous years?  Yes  No

In the past year, how much school has the child missed due to illness or injury?

Less than 2 weeks  2 to 4 weeks  5 to 8 weeks

Are child's absences other than illness related?  Yes  No If yes, explain \_\_\_\_\_

Does the child seem to have a "school phobia?"  Yes  No If yes, explain \_\_\_\_\_

What are your child's academic strengths? \_\_\_\_\_

What are your child's academic weaknesses? \_\_\_\_\_

Has there been a previous diagnosis of learning disabilities?  Yes  No

If so, by whom and when? \_\_\_\_\_

Has either parent been diagnosed with a learning disability or problems in school as a child?

Yes  No If yes, explain \_\_\_\_\_

Has there been a previous diagnosis of Attention Deficit/Hyperactivity Disorder?

Yes  No If so, by whom and when? \_\_\_\_\_

Pt. Name: \_\_\_\_\_

**TREATMENT HISTORY**

Has your child had outpatient counseling or therapy before?  Yes  No

When and with whom? \_\_\_\_\_  
\_\_\_\_\_

Was it helpful?  Yes  No, explain? \_\_\_\_\_  
\_\_\_\_\_

Has your child ever been treated with psychiatric medication(s) before?  Yes  No

When and by whom? \_\_\_\_\_  
\_\_\_\_\_

What medications? \_\_\_\_\_  
\_\_\_\_\_

Did she/he experience any side effects? \_\_\_\_\_

Has your child ever been hospitalized for a psychiatric condition?  Yes  No

If yes, give admission(s) date, hospital, and reason for admission: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child ever made a suicide attempt?  Yes  No Explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Did he/she receive treatment for this? \_\_\_\_\_  
\_\_\_\_\_

**CURRENT SUBSTANCE USE / ABUSE HISTORY:**

- \_\_\_ Alcohol
- \_\_\_ Cannabis / Marijuana
- \_\_\_ Cocaine / Crack
- \_\_\_ Caffeine, daily amount \_\_\_\_\_
- \_\_\_ Stimulants (speed, minithins, etc.)
- \_\_\_ Sedative/Hypnotic (barbiturates, BZ's, etc.)
- \_\_\_ Opiates (opium, heroin, narcotic pain meds)
- \_\_\_ Hallucinogens
- \_\_\_ Inhalants (rush, poppers, solvents, glues)
- \_\_\_ Cigarettes/Nicotine, daily amt. \_\_\_\_\_ How Long? \_\_\_\_\_

Complete the following information for each numbered item:

	<u>Specific Substance</u>	<u>Last Use Date/Time</u>	<u>Frequency</u>	<u>Dose/Amount</u>
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____

Adverse consequences of usage:  Social \_\_\_\_\_  Legal \_\_\_\_\_  
 Occupational \_\_\_\_\_  Other \_\_\_\_\_

History of emotional/psychiatric issues prior to onset of substance abuse:  No  Yes, explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Pt. Name: \_\_\_\_\_

**CULTURAL/ETHNIC**

Does your child have any cultural or ethnic issues you would like us to be aware of:  No  Yes  
Explain: \_\_\_\_\_

**SPIRITUAL/RELIGIOUS**

Does your child have a supportive faith community?  No  Yes  
How important have spiritual matters been in the family?  Minimal  Moderate  High  
Spiritual needs?  No  Yes, explain: \_\_\_\_\_

**LEISURE/RECREATIONAL**

Special areas of interest:

<u>Activity</u>	<u>Recent Changes:</u>
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No, explain: _____
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No, explain: _____
_____	<input type="checkbox"/> Yes <input type="checkbox"/> No, explain: _____

**LEGAL**

Child's present legal involvement:  None  On probation  
Probation officer:  No  Yes Name \_\_\_\_\_  
Does your child have any pending legal charges?  No  Yes Explain: \_\_\_\_\_  
Does your child have past legal charges?  No  Yes Explain: \_\_\_\_\_

**SOCIAL RELATIONSHIPS**

Usual response to social relationships:  
 Avoidant                       Shy/Withdrawn                       Follower                       Friendly  
 Leader                       Argumentative                       Aggressive                       Outgoing  
Are you satisfied with your child's current social relationships:  Yes  No, explain: \_\_\_\_\_  
Recent changes in child's social relationships:  Yes  No, explain: \_\_\_\_\_

**FINANCIAL/ENVIRONMENTAL**

Finances: <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	Shelter: <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate
Food: <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	Transportation: <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate
Clothing: <input type="checkbox"/> Adequate <input type="checkbox"/> Inadequate	

**Additional Comments (If needed):**

Is there anything else about your child that may be important for us to know so we may be of help to them?

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Pt. Name: \_\_\_\_\_

**HISTORY OF PROBLEMS**

We would like you to tell us about your child's current problem. Please circle the number which best describes your child.

	NOT A PROBLEM	LESS THAN 6 MONTHS	6 MOS. TO 1 YR.	1-2 YRS.	MORE THAN 2 YRS.	PRIOR PROBLEM RESOLVED
<b>PROBLEMS WITH SLEEP</b>						
Trouble sleeping	1	2	3	4	5	6
Nightmares	1	2	3	4	5	6
Sleep walking	1	2	3	4	5	6
Sleep talking	1	2	3	4	5	6
<b>SCHOOL PROBLEMS</b>						
Has problems learning in school	1	2	3	4	5	6
Is afraid to go to school	1	2	3	4	5	6
Won't obey school rules	1	2	3	4	5	6
Often skips school	1	2	3	4	5	6
Has conflicts with teachers	1	2	3	4	5	6
Performs below his/her ability	1	2	3	4	5	6
<b>RELATIONSHIP WITH OTHER CHILDREN</b>						
Picks on other children	1	2	3	4	5	6
Has few or no friends	1	2	3	4	5	6
Is called weird by other children	1	2	3	4	5	6
Plays alone most of the time	1	2	3	4	5	6
Fights with other children	1	2	3	4	5	6
Has sex play with other children	1	2	3	4	5	6
Hangs around with bad crowd	1	2	3	4	5	6
Tries to boss others around	1	2	3	4	5	6
<b>BEHAVIORAL PROBLEMS</b>						
Uses drugs	1	2	3	4	5	6
Runs away from home	1	2	3	4	5	6
Uses alcohol	1	2	3	4	5	6
Lies	1	2	3	4	5	6
Steals	1	2	3	4	5	6
Sets fires	1	2	3	4	5	6
Breaks things	1	2	3	4	5	6
Hurts animals	1	2	3	4	5	6
Assaultive	1	2	3	4	5	6
<b>SOCIAL SKILLS</b>						
Afraid of many things	1	2	3	4	5	6
Very shy	1	2	3	4	5	6
Poor loser	1	2	3	4	5	6
Demands too much attention	1	2	3	4	5	6
Withdraws from people	1	2	3	4	5	6

Pt. Name: \_\_\_\_\_

**HISTORY OF PROBLEMS? (continued)**

	NOT A PROBLEM	LESS THAN 6 MONTHS	6 MOS. TO 1 YR.	1-2 YRS.	MORE THAN 2 YRS.	PRIOR PROBLEM RESOLVED
<b>OTHER PROBLEMS WITH RELATIONSHIPS</b>						
Talks back to adults	1	2	3	4	5	6
Disobeys parents	1	2	3	4	5	6
Can't be trusted	1	2	3	4	5	6
Isolates him/herself in room	1	2	3	4	5	6
Has a "chip" on his/her shoulders	1	2	3	4	5	6
Doesn't trust other people	1	2	3	4	5	6
<b>EMOTIONAL PROBLEMS</b>						
Is sad or unhappy most times	1	2	3	4	5	6
Cries a lot	1	2	3	4	5	6
Has temper tantrums	1	2	3	4	5	6
Mood changes quickly	1	2	3	4	5	6
Has lost interest in things	1	2	3	4	5	6
Worries a great deal	1	2	3	4	5	6
Has difficulty making decisions	1	2	3	4	5	6
Has difficulty concentrating	1	2	3	4	5	6
<b>OTHER</b>						
Has threatened or attempted to harm self	1	2	3	4	5	6
Acts younger than real age	1	2	3	4	5	6
Wants things to be perfect	1	2	3	4	5	6
Can't sit still	1	2	3	4	5	6
Acts without thinking	1	2	3	4	5	6
Says or does strange things	1	2	3	4	5	6
Daydreams a lot	1	2	3	4	5	6
Doesn't finish things	1	2	3	4	5	6
Stutters	1	2	3	4	5	6
Is easily distracted	1	2	3	4	5	6
Bites nails	1	2	3	4	5	6
Doesn't speak well	1	2	3	4	5	6
Not fully bladder trained	1	2	3	4	5	6
Not fully bowel trained	1	2	3	4	5	6
Tired most of the time	1	2	3	4	5	6
Has aches and pains	1	2	3	4	5	6
Clumsy and accident prone	1	2	3	4	5	6
Fakes being sick	1	2	3	4	5	6
Chronically ill	1	2	3	4	5	6

Pt. Name: \_\_\_\_\_

**MEDICAL SUMMARY LIST**Does your child have any current medical conditions?  No  Yes (If yes, please list below)

Child's last contact with Primary Care Physician: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Last physical: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Are your immunizations up to date?  Yes  No**CURRENT MEDICATIONS**

(Include non-prescription meds, vitamins, and herbal)

	Dose	Taken how often?	Reason	Who Prescribed?
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____

Is your child allergic to any medications?  No  Yes Which ones? \_\_\_\_\_

What kind of reactions did he/she have? \_\_\_\_\_

**HEALTH FACTORS - Does your child have any history of . . .**

	No	Yes		No	Yes
Cancer	_____	_____	Blood Sugar Problems	_____	_____
Heart Problems	_____	_____	Thyroid Disease	_____	_____
Seizures	_____	_____	Eye Diseases	_____	_____
Head Injuries	_____	_____	Prostate Problems	_____	_____
Kidney Problems	_____	_____	PMS	_____	_____
Liver Problems	_____	_____	Other	_____	_____

Describe: \_\_\_\_\_

**NUTRITION**Does your child have a history of having unintentional weight gain or loss?  Yes  No**CHRONIC PAIN**Does your child have a history of chronic pain?  No  Yes

Rate current level of pain – "1-10" (1 being lowest, 10 being highest): \_\_\_\_\_

Location/Current Treatment: \_\_\_\_\_

**SURGICAL: (List surgeries and dates)****SEXUAL**Does your child use birth control?  Yes  No  N/A What kind? \_\_\_\_\_Has your child ever had a sexually transmitted disease?  No  Yes  N/A

If yes, please explain: \_\_\_\_\_

**FEMALES ONLY**Are your daughter's periods regular?  Yes  No  N/A Date of last period: \_\_\_\_\_Does your daughter experience severe mood swings around her period?  Yes  No  N/AIs there any possibility she may be pregnant?  Yes  No  N/A**THANK YOU FOR YOUR HELP IN PROVIDING THIS INFORMATION!**